

CIS Junior Classroom Activities

Illinois Career Resource Network

Home | My CIS | Log out | Quick Links

My Career Plan | Who Am I? | Where Am I Going? | How Do I Get There?

Employability Skills

Working Together

Are You Listening?

Listening Skills on the Job

Being Dependable

Using My Time for Success

Planning My Time for Success

Job Success Scale

Free Job Training

Getting Fired at Work and School

Classroom Performance Reviews

Planning for High School

Planning for College

Employability Skills

Middle school is more than learning subjects. It is also about learning skills that will help you be a good employee. Students are expected to get to school and classes on time. Employees are expected to get to work on time. Students follow instructions to complete assignments. Employees follow instructions to do their work. Students work with the teacher and other students to learn. Employees work with the boss and other employees to do their job.

Employability skills help you get and keep a job. During a job interview, you may be asked about being tardy and absent from school. Or, you may be asked about laws or rules you have broken. The following are examples of employability skills.







- Being honest about your assignments and activities.
- Doing the amount of work that is expected.
- Doing work right the first time.
- Showing up on time.
- Telling about absences.
- Getting along with others.
- Wearing appropriate clothes.
- Solving problems rather than whining and complaining about them.
- Using time for work not breaks, talking, emails, text messaging, or sleeping.
- Obeying all laws.
- Doing work as assigned.

Employees get fired for the same reasons students get into trouble in school. Many school rules are similar to company rules for workers.



There are exploration activities both in the three sections (“Who Am I?”, “Where Am I going?” and “How Do I Get There”) as well as in the My CIS Portfolio section. Many have Word files to print out for class use. Those with a pencil icon have space for reflections that can be stored in the My CIS Portfolio.

Who Am I?



Learning About Me

- Things I Like to Do 
- Qualities for Success 
- Important Life Events 
- What Are Skills? 
- My Accomplishments 
- Skills and Interests 
- Career Cluster Inventory

Learning About My Community

- My Community 
- My Ideal Community 
- Job Shadow

Learning About My School

- Getting to Know my School
- Should I Join? 
- Activities and Achievements 
- Words for High School


My Network

Where Am I Going?



Occupations

- Occupation Scavenger Hunt
- If I became...
- Bobilator
- Job Shadow
- Occupation Index

Career Clusters

- Career Cluster Mobiles
- What's My Cluster
- Career Cluster Posters
- Career Cluster Inventory
- My Favorite Cluster 

Workplace

- What Are Working Conditions? 
- Why Do People Work?
- What Rewards Do I Want from Work? 

Reality Check

Making Decisions




- How Do I Make Decisions?
- What Book Do I Pick to Read?

How to I Get There?

Employability Skills

- Working Together
- Are You Listening?
- Listening Skills on the Job
- Being Dependable
- Using My Time for Success
- Planning My Time for Success
- Job Success Scale
- Free Job Training
- Getting Fired at Work and School
- Classroom Performance Reviews

Planning for High School

- High School Graduation Requirements
- College Admission Requirements
- Electives 
- Activities 
- My High School Course Plan 


Planning for High College

- Why Go To College?
- Education Pays
- What Can I Do to Prepare for College?

Action Plans

- Learn a New Skill
- Make a Change

My Career Plan

- What Do I Want to Be When I grow Up?
- My Career Action Plan 

Volunteering



Where are you going to volunteer?

Volunteer wisely

Select or plan a volunteer activity

Volunteer resume

Set up a volunteer activity

Thank your volunteer coordinator

My volunteer activities

Reflect on your volunteer activity