



## Illinois' Career Information System

[www.ILWorkInfo.com/icrn](http://www.ILWorkInfo.com/icrn)



# 2007-2008 CIS Quick Reference Guide

### MY CIS PORTFOLIO

A portfolio to store assessment results, favorite files, course plans and create a résumé. New administrator tools to track student progress!

### OCCUPATIONS & EMPLOYMENT

**Occupations:** Get detailed descriptions of 506 occupations plus seven emerging occupations with high demand/high interest. Now includes Illinois High School Graduation Requirements.  
**Streaming Videos:** View 500 video clips of occupations; read over 100 Real World™ interviews.  
**Occupation Sort:** Find occupations that match what you want to do on the job.  
**Job Search:** Learn how to write résumés and cover letters, interview well and look for jobs.  
**Keep That Job:** Find out how to deal successfully with your employers and co-workers.  
**Self-Employment:** Learn how to start and run your own business; includes Entrepreneur's Quiz.  
**Military Employment:** Investigate 140 different career options in the military.  
**Non-Traditional Employment:** Careers with fewer than 25% men or women.  
**Career Interest Areas:** Links interests and preparation time required to CIS occupations.

### EDUCATION & TRAINING

**Programs of Study:** See majors, courses and training programs.  
**Illinois Schools:** Get detailed information about schools, colleges and universities in Illinois.  
**National Schools:** Learn about 4,200 two- and four-year schools and graduate institutions.  
**School Sort:** Create a list of schools that match your preferences.  
**Graduate School Sort:** Find the graduate program that fits your goals.  
**Financial Aid:** Investigate 3,000 financial aid awards such as scholarships, grants and loans.  
**Financial Aid Sort:** Generate a list of scholarships and loans for which you may qualify.  
**Apprenticeships:** Describes apprenticeship programs and useful contacts.  
**Learning Activities:** 480 activities linked to 10 curriculum areas with 200 printable worksheets.

### ASSESSMENTS & LINKS and ADDITIONAL RESOURCES

**New! Reality Check:** Learn what sort of careers support the lifestyle you want to live.  
**O\*NET Interest Profiler:** Match work-related interests with occupations.  
**O\*NET Work Importance Locator:** A card sort for values and preferences.  
**SKILLS:** Find your transferable skills and match to occupations. (English & Spanish)  
**Assessment Link:** Connects results from other popular inventories to CIS occupations.  
**Links Outside CIS:** Internet links to other career resources on the Web.  
**CIS Portal Pages:** Links for Spanish language resources, veterans, summer jobs, and more.  
**Article Directory:** Virtual tours and hints for college entrance then success.  
**Employer Locator:** Find out about potential employers, complete with contact names and maps.  
**Glossary:** Explanation of career and education terms.  
**CIS Quick Starts:** Instructions for getting the most out of CIS.  
**Tech Support:** FAQs for troubleshooting, browser requirements, etc.  
**CIS Plus** (fee-based subscription for premium services)  
**Test Prep:** Practice tests for SAT, ACT, GED, ASVAB and more plus civil service exams.  
**IDEAS Assessment:** Learn which occupations match your interests. (English & Spanish)  
**Dependable Strengths:** Identify how your most satisfying experiences relate to careers.

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**ONE SOURCE**  
Your gateway to workforce and career information

**New on One Source**

**CIS PLUS Premium Features**

New CIS PLUS Premium Features are available. SAT and ACT practice tests and other features can be leased by schools and provided to *all* students.

**Materiales sobre carreras en español**

**Career Resources**  
Career Information System | Countdown | Career Click

Trying to decide on a career? We offer a variety of career exploration products for elementary, middle and high school students and adults - for anyone making career decisions!

**LMI SOURCE**

Complete labor market reports, data and publications which can be viewed online or saved on your computer, including: employment outlook; occupational wages; unemployment statistics; and more.

**Kids and Careers**  
Parents, help your child develop their career plan with this free brochure.

**WIC Workforce Info Center**

Current and historical workforce and occupational information for employers, job seekers, local workforce planning boards and economic development professionals.

**I\*COMPASS**

I\*Compass is our new, on-line training tool that will help you better understand and use our workforce, labor market and career information.

**One Source is at**  
[www.ILWorkInfo.com](http://www.ILWorkInfo.com)

**Use I\*Compass to learn about WIC, Career Resources and LMI Source.**

**Illinois Career Resource Network**

The Career Information System (CIS) has [added premium features](#) that can be leased annually at a considerable cost savings compared to individual purchases. For one low price, *all* students at a school can take SAT and ACT practice tests, or access other new features.



**You can go directly to**  
[www.ILWorkInfo.com/icrn](http://www.ILWorkInfo.com/icrn)



[des.icrn@illinois.gov](mailto:des.icrn@illinois.gov) or toll-free 1-877-613-1987

**Career Information System**

- information on occupations, education, and financial aid
- job search hints plus a resume writer and links to employers nationwide
- self-assessments to decide on your direction
- a portfolio and course planner to store your results

**Career Click**

- see occupations by title, education required or wages
- use the list of skills for your resume
- discover if there are likely to be jobs in your county

**Kids and Careers: How Families Can Help Youth Succeed**



Parents, [click here](#) to find out how you can help your children develop a career plan with our newest brochure.

**Countdown**

- match your interests to occupations
- find out about wages, outlook and what you'd do on the job
- learn what you'll need to study to prepare for your future

**Other resources:**

- [Countdown Quick Reference Guide](#)
- [Countdown Activity Book](#) (1.1 meg)
- [Countdown Coloring Book](#)



**Materiales sobre carreras en español**

**Other resources:**



**Questions? Contact ICRN at [des.icrn@illinois.gov](mailto:des.icrn@illinois.gov) or call toll-free (877) 513-1987.**

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